Date: Site:	urday September 15, 2012 (Rain or Shine) seshoe Lake Park, 72 Eyland Ave, Succasunna, NJ			
Distance:	Frosh:2.2 milesSophomore, Junior/ Senior:3.1 miles			
Awards:	Team Trophies for each class champion Medals to the top 30 places in Frosh & Soph. races Medals to the top 40 place in Jr./ Sr. races Ribbons to all finishers Outstanding Performers Male and Female			
Scoring:	Top four finishers in each category make a team			
Time Schedule Permitting)	8:45 amRoxbury Rec. XC 1 mile Challenge9:00Frosh Boys9:209:50Soph. Boys10:2511:00Jr Sr. Boys11:35Jr Sr. Girls			
Entry fee:	 \$ 250 per school (unlimited entry Boys and Girls) or \$ 130 per team (unlimited entry/sex) \$ 10 per individual THIS IS NOT A PARTICIPATION FEE 			
Entry/Hytek Deadline:	Saturday, September 8, 2012 Receipt of entry will be confirmed by email only Email to <u>bdonegan@ptd.net</u> Entry will be voided if Roster is not received.			
Entry Fax:	973-827-4336			
Insurance:	Certificate of Insurance listing Roxbury Twp.			
Meet T-shirts	s Long Sleeve - \$10 Short Sleeve - \$5			
Send to:	Friends of Roxbury XC 184 Plant St Ogdensburg NJ 07439-1025			
	Phone: 201-230-0682email: bdonegan@ptd.net			

Entry Form FAX ENTRIES TO: 973-827-4336 No Cover Pages

School:		A. D. <u>:</u>		_
Coach:		School	Phone:	_
Email address: (<i>Receipt of entry by ema</i>		Cell/H	ome Phone:	_
THI		se check off to indi T A PARTICIPA	2	
School Entry x \$250 =		(or)		
Girls Team x $$130 =$ Boys Team x $$130 =$		or # Girls E or # Boys E	Intries x \$ 10 = Intries x \$ 10=	-
Total entry				-
Hy-Tek rosters	Email	to <u>bdonegan@ptc</u>	l.net	
Roster deadline:		y, September 8, 20 rosters will result		
<u>Send Payment to:</u>	184 Plar	of Roxbury XC at St ourg NJ 07439-1025		
	Phone:	201-230-0682	email: bdonegan@ptd.net	
Make Checks Payable to <i>"Friends of Roxbury Cross Country"</i> (Fees do not have to accompany paper entry)				

		Course Records	
Frosh	Paul Ehmann, Mendham	11:23.70	Roxbury XC Invit. 9/10/2011
Course:	Eve Glasergreen, No. Hunter	don 13:10.05	Roxbury XC Invit. 9/10/2011
Varsity	Doug Smith Gill St. Ber	mard 15:19.46	Roxbury XC Invit. 9/15/2007
Course:	Lauren Penney Roxbury	17:49 .57	Roxbury XC invit. 9/15/2007

Time Schedule

(weather permitting)

8:45	Roxbury Rec. XC 1 mile Challenge
9:00 a.m.	Frosh Boys
9:20	Frosh Girls
9:50	Soph. Boys
10:25	Soph. Girls
11:00	Jr. – Sr. Boys
11:35	Jr Sr. Girls

Fast Facts 2011 Champions

Race	Meet Record	Individual	<u>Team</u>	
Fr. Boys	Paul Ehmann, Mendham 11:23.70 (2011)	Paul Ehmann, Mendham 11:23.70 \$ #	CBA, 33 pts	
Fr. Girls	Eve Glasergreen, No. Hunterdon 13:10.05 (2011)	Eve Glasergreen, No. Hunterdon 13:10.05 \$ #	Morris Knolls, 14 pts	
So. Boys	Brian Boyette, Parsippany Hills 15:49 (1998)	Matt Lupino, Westfield 16:24.73	CBA, 21 pts	
So. Girls	Mackenzie Barry, Mendham 18:32.17 (2011)	Mackenzie Barry, Mendham ** 18:32.17 \$	Mount Olive, 27 pts	
Jr. Boys (only)	Geoff McGrane , Randolph 16:25.32 (2002)			
Jr-Sr. Boys	Doug Smith, Gill St. Bernard # 15:19.46 (2007)	John Kirna, Westfield ** 15:45.55	Westfield, 15 pts	
Jr./Sr. Girls	Lauren Penney, Roxbury # 17:49.57 (2007)	Sarah Decker, Watchung Hills 19:40.84	North Hunterdon, 40 pts	
Sr. Boys (only)	Kyle Alpaugh, Voorhees 15:56.16 (2002)			
\$ Meet Record # Course Record				

** Outstanding performer

INSURANCE LIABILITY INFORMATION CERTIFICATE OF INSURANCE

Athletic Directors & Coaches:

The Roxbury Twp. Recreation Department requires that each School District attending the Roxbury XC Invitational submit proof of liability insurance.

COIs can be sent digitally by your insurance carrier to <u>bdonegan@ptd.net</u> or via fax 973-827-4336

Please DO NOT SEND THEM TO Roxbury Twp. Recreation Department.

Thank you, Brendan Donegan Meet Director

Directions

From Northeast Jersey:

Rt. 80 West to Exit 30 Howard Blvd. At bottom of ramp turn left onto Howard Blvd. Proceed on Howard Blvd to RT 46. Turn left onto Rt. 46 east Proceed on Rt. 46 E to first Traffic light. Turn right onto Hillside Ave. Proceed on Hillside Ave to Rt.10. (2nd light) Turn left onto Rt. 10 E. Proceed on Rt. 10 E to next light (Eyland Ave) Turn Right onto Eyland Ave, Horseshoe Lake Park is ½ mile from intersection on left

From Rt. 10 Corridor

Rt. 10 west to Eyland Ave. (1st light in Roxbury) Take jug-handle and proceed across Rt. 10. on Eyland Ave Horseshoe Lake Park is ½ mile from intersection on left

From Shore Area

GSP N to Rt. 78 W (Union toll Plaza) Rt. 78 W to Rt. 24 W. Rt 24 W to Rt 287 N Rt 287 N to Rt 10 W. Rt. 10 west to Eyland Ave. (1st light in Roxbury) Take jug-handle and proceed across Rt. 10. on Eyland Ave Horseshoe Lake Park is ½ mile from intersection on left

From Rt 15 Corridor

Rt 15 S to Berkshire Valley Rd (*New Orleans Steakhouse*) Turn right onto Berkshire Valley Rd Berkshire Valley Rd. to Rt 46 light. Cross over Rt 46, Berkshire Valley Rd. turns into Kenvil Ave. Proceed on Kenvil Ave to Main St. Turn left onto Main St. Make Right onto Eyland Ave Proceed across Rt. 10. on Eyland Ave Horseshoe Lake Park is ½ mile from intersection on left

If you need other directions Map Quest

ROXBURY PARKS & RECREATION DEPARTMENT 72 EYLAND AVENUE SUCCASUNNA NJ 07876